

A grief language to share.

A lot of parents struggle to connect with their kids to talk about grief. It's hard to know what to say and how to help, especially when you're dealing with your own grief too.

Parent and Guardian workshop is held in 2 sessions over the Camp Magic weekend. It will help you better understand your child's feelings and behaviours as they grieve.

IN THIS WORKSHOP, YOU WILL GAIN:

- ★ A deeper understanding of the way children grieve
- ★ A language for talking with your child about grief
- ★ Tools for guiding your child through their emotions
- ★ A community for life of parents and guardians just like you, who understand what you're going through

WHO IS THIS PROGRAM FOR?

Parents, guardians or a trusted person of any Camper attending Camp Magic.

HOW DOES IT WORK?

- ★ Parent and Guardian workshop is a face to face program, held over the same weekend as Camp Magic
- ★ Regularly held in Sydney, Regional NSW, ACT and VIC
- ★ 2 × 2hr sessions over the Camp Magic weekend (one on Friday, one on Sunday)
- ★ Facilitated by trained educators, mental health experts and volunteers

WHAT'S REQUIRED OF ME AND MY CHILD?

Parent and Guardian workshop won't cost your family anything, thanks to our generous supporters.

But so we can continue improving the program to help more families

like yours in the future, we need you to help with just two things:

1. You and your child will need to take part in the evaluation of the program – consenting to and completing all surveys and an interview in a timely manner, prior to and after participating in the program.
2. Once signed up to a program you will need to commit to attending all the sessions together with your child.

parent
and
guardian
workshop

Helping grieving
kids heal.





We invite you to take the next step and let us help your family.

STEP 1

Visit feelthemagic.org.au and click any of the "I need support" buttons.

STEP 2

Fill out the quick questionnaire so we can learn more about your family.

STEP 3

We'll contact you with a plan to help your kids heal, and a suggestion of the right camp for your kids.

Sadly, 1 in 20 Aussie kids experience the death of their Mum or their Dad before they turn 18.

At Feel the Magic, we support the families left behind, by providing free camps, resources and strategies to prepare their kids for living with grief.

If your family has experienced the death of a loved one, you're in the right place.

Contact us today to begin your Feel the Magic journey, and find a place where your family belongs.

Our camps, strategies and resources focus on:

- ★ Teaching practical coping strategies to help kids grieve in a healthy way.
- ★ Increasing confidence and self respect.
- ★ Helping grieving kids connect with one another, to find a place where they feel safe to heal.

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Before this, I wasn't sure how to help the girls. The Workshop taught me what they were going through at Camp, and how I can help them use what they learnt now that they're home.

Shane, Father to 2 girls