## Something magical happens when we bring grieving kids together.

Kids grieving the death of their mum, dad, brother or sister can feel isolated, and like no one understands what they're going through.

Camp Magic is a 3-day camp. It brings grieving kids together for a social weekend of physical activity and grief education, which is developed and delivered by clinical psychologists and qualified professionals.

### AT CAMP MAGIC YOUR CHILD WILL:

- Learn coping skills and tools to understand and manage their grief
- rind a way to share their grief story in a healthy way
- Connect with kids just like them, who understand what they're going through
- + Find a safe place where they belong and can heal

### WHAT ARE THE DETAILS?

- + Held in Sydney, Regional NSW, ACT and VIC
- 🜟 3 day overnight camp (Friday, Saturday, Sunday)

#### IS MY CHILD ELIGIBLE?

☐ Your child is aged 7–17
☐ They've been dealing with grief for more than 6 months

### **HOW DOES IT WORK?**

- ★ Campers are grouped with kids of a similar age to ensure
  the content is age appropriate
- Campers are also paired with a trained Mentor to guide and support them
- 🐈 Camp is run by trained mental health professionals
- Content developed by clinical psychologists

### WHAT'S REQUIRED OF ME AND MY CHILD?

Camp Magic won't cost your family anything, thanks to our generous supporters.

But so we can continue improving the program to help more families like yours in the future, we need you to help with just two things:

- 1. You and your child will need to take part in the evaluation of the program consenting to and completing all surveys and an interview in a timely manner, prior to and after participating in the program.
- 2. Once signed up to a program, you and your child will need to commit to attending all the sessions.



Helping grieving kids heal.





# We invite you to take the next step and let us help your family.

### STEP 1

Visit feelthemagic.org.au and click any of the "I need support" buttons.

### STEP 2

Fill out the quick questionnaire so we can learn more about your family.

### STEP 3

We'll contact you with a plan to help your kids heal, and a suggestion of the right camp for your kids.

99

As a 14-year-old kid who had lost a parent, she just wanted someone else to 'get' her. And the only person who really can is another 14-year-old kid who has also lost their parent. Camp truly was magic.

Amsbury family

Sadly, 1 in 20 Aussie kids experience the death of their Mum or their Dad before they turn 18.

At Feel the Magic, we support the families left behind, by providing free camps, resources and strategies to prepare their kids for living with grief.

If your family has experienced the death of a loved one, you're in the right place.

Contact us today to begin your Feel the Magic journey, and find a place where your family belongs.

### Our camps, strategies and resources focus on:

- Teaching practical coping strategies to help kids grieve in a healthy way.
- ★ Increasing confidence and self respect.
- Helping grieving kids connect with one another, to find a place where they feel safe to heal.