

You'll be surprised by the difference a day can make.

Families can find it hard to talk about grief together in a healthy way. That's why our Family Day Camp brings together grieving families to connect, learn and heal under the guidance of trained mental health professionals.

Whether you're new to Feel the Magic or a returning family, you'll find a place where your family belongs.

FAMILIES WILL LEARN

- ★ Learn a shared language for talking about grief together
- ★ Learn practical skills for regulating emotions in triggering situations
- ★ Learn from trained professionals about healthy ways to cope with grief
- ★ Connect with families just like you, who understand what you're going through

HOW DOES IT WORK?

Family Day Camps are a face to face family event, held regularly in Sydney, Regional NSW, ACT and Victoria. It consists of:

- ★ A single-day event held on a weekend
- ★ Facilitated by trained educators, mental health experts and volunteers, and in partnership with other supporting organisations
- ★ Each family receives a participant pack

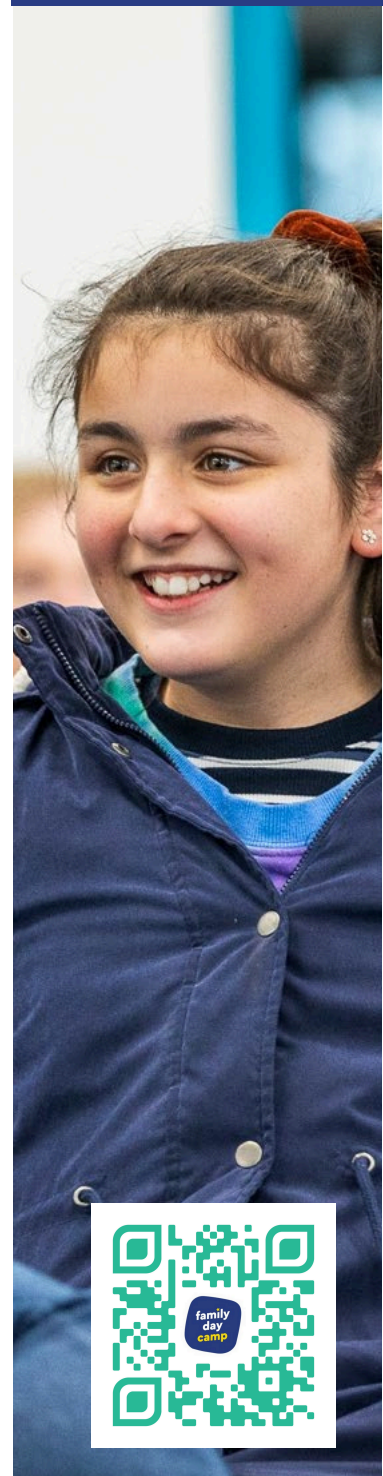
Sadly, 1 in 20 Aussie kids experience the death of their Mum or their Dad before they turn 18. At Feel the Magic, we support the families left behind, by providing free camps, resources and strategies to prepare their kids for living with grief. If your family has experienced the death of a loved one, you're in the right place. Contact us today to begin your Feel the Magic journey, and find a place where your family belongs.

OUR CAMPS, STRATEGIES AND RESOURCES FOCUS ON:

- ★ Teaching practical coping strategies to help kids grieve in a healthy way
- ★ Increasing confidence and self respect
Helping grieving kids connect with one another, to find a place where they feel safe to heal

family
day
camp

Helping grieving
kids heal



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