# **Support for Teens Transitioning into Adulthood**

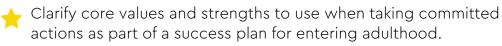
At Grad Camp, 17 and 18-year-olds will explore their grief experience and prepare themselves for the upcoming challenges associated with transitioning into adulthood.

Grad Camp is a 2.5 day camp. It brings teens together for a social weekend of activities and grief education which is developed and delivered by clinical psychologists and gualified professionals.

# YOUR TEEN WILL:

- $\leftarrow$  Improve core life skills (adult capabilities) to manage work, relationships, and personal situations.

🔶 Develop emotional literacy, self-awareness, and self-care strategies to equip you with the tools necessary to navigate through your grief and upcoming developmental milestones.



Gain a powerful sense of belonging and social connectedness to a supportive community that form a powerful healing collective.

### **IS MY TEEN ELIGIBLE?**

Your teen is aged 17-18 years old.

They've been dealing with grief for more than six months.

They've attended other Feel the Magic camps including Camp Magic.

# **HOW DOES IT WORK?**

Content is developed by Clinical Director Psychologist. Camp is run by trained professionals. Campers are guided by facilitators and staff.

Grad Camp won't cost your family anything, thanks to our generous supporters.

Grad Campers are invited or accepted to Camp upon update of your family information and completion of a short questionnaire.



Helping grieving kids heal.





# We invite you to take the next step and let us help your family.

### **STEP 1**

Visit feelthemagic.org.au and click any of the "Enquire Now" buttons.

#### STEP 2

Fill out the quick questionnaire so we can learn more about your family.

### STEP 3

We'll contact you with a plan to help your kids heal, and a suggestion of the right camp for your kids.



The Grad Camp was perfectly suited to the current stage of life I'm navigating...The weekend led me through a variety of skills, strategies and techniques that would help me cope with my grief whilst I transfer into adult life.

Christian, Grad Camper

Sadly, 1 in 20 Aussie kids experience the death of their Mum or their Dad before they turn 18.

At Feel the Magic, we support the families left behind, by providing free camps, resources and strategies to prepare their kids for living with grief. If your family has experienced the death of a loved one, you're in the right place.

Contact us today to begin your Feel the Magic journey, and find a place where your family belongs.

- Teaching practical coping strategies to help kids grieve in a healthy way.
- Increasing confidence and self respect.
- Helping grieving kids connect with one another, to find a place where they feel safe to heal.